

Personal Training Services and Group Fitness Classes offered by Abby Schonier-Marcuse
Services provided @ Tiny House Fitness, LLC
2849 East College Ave.
Decatur, GA 30030

Property owned by TOSC Properties, LLC; a wholly owned subsidiary of M&P Holdings.LLC

Agreement and Release of Liability

“I, _____, have enrolled in a program of strenuous physical activity including, but not limited to, aerobic exercise, weight training, kettlebell training, TRX® Suspension Training®, and yoga offered at Tiny House Fitness, LLC located at 2849 East College Ave., Decatur, GA 30030. I hereby affirm that I am in good physical condition and do not suffer from any disability that would prevent or limit my participation in this exercise program.”

“In consideration of my participation in the supervised exercise program by Abby Schonier-Marcuse, I, _____, for myself, my heirs and assigns, **hereby release Abby Schonier-Marcuse, Tiny House Fitness, LLC (its employer and any employees or contractors) and TOSC Properties (its employer and any employees)**, from any claims, demands and causes of action arising from my participation in the exercise program.”

“I fully understand that I may injure myself as a result of my participation in my exercise program during my time at Tiny House Fitness, LLC. I, _____, **hereby release Abby Schonier-Marcuse, Tiny House Fitness, LLC, and TOSC Properties, LLC from any liability** now or in the future including, but not limited to heart attacks, muscle strains, pulls, or tears, broken bones, shin splints, heat prostration, joint, tendon, or ligament injuries, and any other illness, soreness, or injury, however caused, occurring during or after my participation in the exercise program.”

“I, _____,
agree, give permission_____ (please initial)
do not agree, do not give permission_____ (please initial)
to being posted online via the **website of Tiny House Fitness, LLC and/or various social media** mediums such as Facebook® and/or Instagram®

I hereby affirm that I have read and fully understand the above.

Date

Printed Name

Signature

Signature of Parent or Guardian if
participant is a Minor

